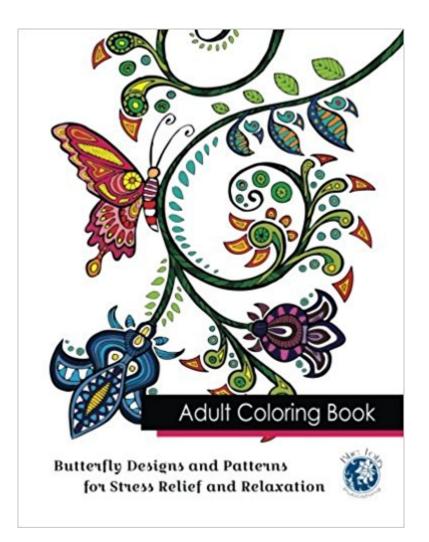


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# Adult Coloring Book: Butterfly Designs And Patterns For Stress Relief And Relaxation





### Synopsis

A Butterfly Adult Coloring Book Though a common sight in one's garden, butterflies are among the most beautiful animals found in nature, leaving us enchanted by their graceful elegance. Explore your creative side with this coloring book for adults featuring 32 stress relieving designs including stylized illustrations (some inspired by henna art) as well as a few realistic ones set in a background of flowers. This 8.5x11 book is printed single-sided and with designs that vary in complexity with easy patterns for beginners and more challenging ones for advanced colorists. It's no secret that life can get hectic and adult coloring books are the best hobby for unwinding and relaxing.

#### **Book Information**

Paperback: 80 pages Publisher: Blue Lotus Publishing (May 20, 2016) Language: English ISBN-10: 0692672397 ISBN-13: 978-0692672396 Product Dimensions: 8.5 x 0.2 x 11 inches Shipping Weight: 9.3 ounces (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars 17 customer reviews Best Sellers Rank: #1,071,572 in Books (See Top 100 in Books) #20 in Books > Science & Math > Nature & Ecology > Field Guides > Insects & Spiders #55 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Framing #479 in Books > Science & Math > Biological Sciences > Animals > Insects & Spiders

#### **Customer Reviews**

This is a wonderful book full of 32 different designed butterfly pages that varies in both small and large areas. The paper is thick enough for any medium you may choose: colored pencils, markers or gel pens. The inside of the book recommends you use coloring pencils and offer a test page, which I found really helpful as most books don't add that inside. However, so far I have found as long as you put a page or two under the page you're working on or one thick piece it will not bleed through. Best yet, you will never have to worry about it getting on to the next coloring page. The book itself offers a table of contents in the first few pages so you are able to see what pages are within the book and which page so you do not necessarily have to flip through the whole book. This is a first for me out of the numerous adult coloring books that I own and have purchased and find it

is a nice thing to have. Before getting this book I had never heard of this publishing company, so I was excited to see what this book had to offer and it has not disappointed so far! I love the intricate-fun details in this coloring book and all of the different butterflies. It truly has a little for everyone! I have never colored butterfly's much before now and yet now I'm loving it. So far I've only used prismacolor premier colored pencils and gel pens and both work well and lay down nicely on this paper. Especially the prismas! The design just pops of the page when you use those colored pencils like any adult coloring book you may use them in.Overall, I'm very happy with this book and have enjoyed coloring it. Easily I would recommend this to anyone who is new to adult coloring and loves butterflies or anyone who is looking for a fun new book to add to their growing collection.

This adult coloring book features the best butterfly images. The pages are full of time-consuming coloring that will sweep away any stress, anger, or other strong emotions. It also helps me as a busy student relax. There are so many intricate designs to fill in with an assortment of colors that it the images come to life as I am busy coloring them in...Anyone who loves nature, insects, flowers and most of all butterflies will love this new adult coloring book. I definitely liked the arrangement and variety that was offered within this book. Overall, I would highly recommend this to others everywhere. Fun, exciting, and completely relaxing. Definitely, a must have!

Personally, I am one who has never given up on a childhood passion of coloring. It has carried me through decades in relieving stress and great for relaxation and Iâ Â<sup>™</sup>m almost sixty! I am loving how people are rediscovering a lost art of releasing an inner artist without the downfall of coloring cartoon characters like we did as children but moving onto beautiful pleasures. I have found a remarkable gem in this my favorite theme of butterflies. Butterflies flit and flutter causing relaxation in just watching their movements and so will those who delight in coloring these delicate creatures within the pages of this amazing book. The pictures are perfect for getting the creative juices flowing. The paper has a soft, comfortable feel as your hand glides across the page, allowing one to become lost in their own masterpiece. The 32 designs are detailed to perfection of not detailed enough to lose concentration nevertheless intricate enough to allow stressful emotions to roll away, which is better than most other coloring books for adults that have a tendency of being too simple. Experiment on the test pages for your favorite media as colored pencils are recommended, however I found I could easily be old school and use my favorite crayons. I highly recommend this beautiful book for chasing stress away and relaxing in the calmness of Godâ Â<sup>™</sup>s creation of butterflies and flowers.

I love the butterfly patterns on this book. The designs are very intricate. I was never into coloring books. Just looking for something to take my mind off everything. I just use crayons to color. Focusing your mind on those lines and the color can actually relieve stress. The book came in intact. The front cover had a little fold at the bottom but still looks good. This has became my favorite past time.

Very nice book. There are so many to choose friends m. I just wanted a book with butterfly's that I could cut out after and maybe put them on gifts after!

I didn't like it very much.

Make sure you have your glitter pens ready to go with this beautiful book; I cannot put my glitter pens away when it comes to it. This book, as the name suggests, has thirty-two great butterfly designs and nature inspired patterns. It definitely offers some relief to my insomniac and never stopping mind. I can color without thinking of anything else that isnâ Â™t about the illustration and what my next color of choice will be. It is a 8.5 x 11 book with one design per page. It offers a great range of illustrations that go from simple to a bit more complex. The butterflies are without a doubt my favorite ones, the details of their wings allows for beautiful color combinations, and there are no wrong color combinations. This book also has a neat feature, it has a table of contents which makes it so easy to decide what I want to color next as I donâ Â™t have to browse the book to decide (I wish every book had one of this!). It even has a blank page for pencils and markers to be tested. I have learn that pens can bleed through the pages so I always place a sheet of wax paper between my working page and the rest, and keep the book open until Iâ Â™m sure the ink has dried. Altogether, this is one of my favorite books because it helps me relax. The features it offers make it different than most books out there, and are features that are useful not just there for decor. I have no complaints, it is an awesome coloring book to have in my collection. Disclosure: I received this item in exchange for my sincere, impartial testing, and assessment. My opinion is always based on mine, and my familyâ Â<sup>™</sup>s experiences with the product. I have no relationship with the seller, and there were no promises regarding the outcome of my review.

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